## The Sonia Shankman Orthogenic School at The University of Chicago

## What to do with this Booklet!

- 1. Read each class description carefully!
- 2. Choose your top 6 choices Number them 1-6
- 3. Turn the booklet in with your NAME printed on it to your BASE TEACHER.

## What happens next!

Your base teacher will work with everyone to put a schedule together that combines your choices and the credits you need to complete to keep you on track!



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## Remember to number your top 6 Choices!

### Vocational Horticulture

#### 1 Semester Credit

Vocational Horticulture is a work-study program. The main focus of this position encompasses a respect for our environment while assisting with gardening responsibilities. These responsibilities will include the continued development and maintenance of Sonia's Garden. Particular care is being given to our organic vegetable garden in addition to a garden area devoted to native plants of Illinois

As part of the work study program, students selected to participate in this program will earn an hourly wage. \*Participation in the work study program will be reflected on student transcripts.

## Vocational Horticulture: Mentoring

#### 1 Semester Credit

This class is an extension of the Vocational Horticulture work-study program. Students are required to submit an application in order to be considered for one of these positions. The main focus of this position centers on working with a student from the Conquerors class in Sonia's garden. The student mentor will be expected to model the qualities desirable in a student worker. These qualities would include an all encompassing respect for our environment, the mentee, peer workers, and supervisors. The responsibilities will include the continued development and maintenance of Sonia's Garden. Particular care will be given to our perennial flower garden and Courtvard garden.

As part of the workstudy program, students selected to participate in this program will earn an hourly wage. Participation in the work study program will be reflected on student transcripts.



#### 1 Semester Credit

Cycle Sports

The CBSC will be a coed class with the purpose of cycling to Promontory Point and neighboring beach facilities to program and play various team sports. Students will cycle within a 5-mile radius to participate in the following activities: Tennis, Softball, Soccer, Volleyball, Frisbee Games, Football, Nookum, Cycling for fitness and cycling safety and Community service beach cleanup

#### Student Requirements:

- Students must have "off-grounds" privileges
- Students must wear gym shoes, socks, shorts, and t-shirt
- Students are required to have a personal backpack to carry various sports equipment and personal equipment .
- Students must wear a bike helmet (personal or school helmet) .
- Students must utilize his or her own bike. Student's personal bike will be secured in the barn with own personal lock.
- Students must be in Middle School or High School.

#### Student Equipment Requirement

It is recommended that the students utilize their own:

- Bicycle, bike helmet, and lock
- Softball/baseball mit .
- Bathing suit
- Tennis racquet

## Conquering the Research Paper

#### 1 Semester Credit

College bound? Then this is the place for you. In this course, students will learn the steps involved in producing a quality research paper. Topics will include how to research for accurate information, craft a thesis, take notes, utilize an outline, write effectively and use MLA format. Along the way, discussions will include how to evaluate research, especially from the internet, what constitutes plagiarism, and the value of different types of sources - i.e. journal articles, books, online references. Students will make a trip to the Regenstein Library to practice research skills, find books, and copy journal articles on their topic. The final product will be a research paper that is well written, well supported, makes a clear point, and follows correct format.

Course Materials:

The Complete Idiot's Guide to Research Methods, by Laurie E. Rozakis, Ph.D. MLA Handbook, APA Handbook The Complete Idiot's Guide to Writing Well, by Laurie E. Rozakis, Ph.D. University of Chicago Libraries



## **Foreign Films**

1 Semester Credit

Are you a self-proclaimed film critic eager to discuss the history and meaning of your favorite films? Or perhaps you are enthusiastic about all things foreign (some would call you a xenophile)? Well this class is for you! In Foreign Films, we will be watching and analyzing one foreign film per week from each of the following countries: France, Italy, Japan and Iran. We will introduce film vocabulary, explore the time period in which each film took place, discuss the characters and their relationships, learn about each films' historical significance, and make comparisons with other films. Lights, camera, action!

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#### Speech 1 Semester Credit

Sarah attended Wichita State University where she received a BFA in Musical Theater Performance. While there she also toured with Wichita Children's Theater and Dance Co. and taught Drama classes for at risk youth at Wichita Metro High School. Sarah has a rich background in working with children of all ages, most recently working with teenagers and young adults with Autism Spectrum Disorder. Sarah will be pursuing her Masters of Special Education with an endorsement in middle school drama at Roosevelt University and is very excited to expand her knowledge in teaching methods. Sarah was attracted to the OSchool for a variety of reasons, the most prominent of which was the relational approach and milieu environment provided for the students.



#### Psychology 1 Semester Credit

This course will be a broad examination of the field of psychology, during which students will explore psychology's various branches through different perspectives. These branches include: neuropsychology, psychoanalysis, learning, developmental psychology, and social-cultural. Throughout the course, students will gain general knowledge of each branch and use case studies to promote understanding of the real world applications of psychology. In addition, students will conduct a study of the general school population, in order to make a discovery about human behavior, and present their findings. This project will require students to ask a research question, form a hypothesis, test the hypothesis, analyze the results, and draw conclusions.



### **Economics**

#### 1 Semester Credit

Economics is designed to provide students with a basic knowledge of consumer issues. These issues include: consumer rights and responsibilities, consumer protection, comparison buying, budgeting, money management, fiscal policy, saving, investing, credit, and state and federal taxes. Students will be studying the different compenents of today's economic system and how it affects their everyday lives. The class will review how consumerism shapes/impacts the world. Upon successful completion of this course, students will be able to identify and explain different economic systems, supply and demand, small business organizations, the functioning of corporations, becoming an employee, and being an efficient and knowledgable consumer.

- Students will be evaluated on their assignments, class participation in discussions, and general knowledge of course material.
- Primary Textbook: Economics
  - Supplemental Materials: Understanding Economics: A Case Study Approach and Exemplary Lessons for High School Economics, and differintiated materials based on individual need.

## Digital Literacy: Basic Computer Skills, Digital Projects and Social Media

#### 1 Semester Credit

Technology and the role it plays in our daily lives is rapidly developing and changing. In this course, students will explore and learn about the following concepts:

- Basic computer skills (typing, word documents, use of search engines)
- Creation of digital projects (Webspiration, VoiceThread, Google Sites)
- Exploration of Social Media and its the role it plays locally, nationally and globally.

At the end of the course each student will have a digital portfolio containing the work he or she has created.



## Health, Wellness & The New Technology

#### 1 Semester Credit

What do we mean when we say health? This course will address the answer to this question.

The Focus of Instruction will be:

- 1. Defining a Healthy Lifestyle
- 2. Six Components of <u>Health</u>
- 3. Self-Esteem and Mental Health
- 4. Factors that Influence <u>Health</u>
- 5. Food, Nutrition, and Health
- 6. Physical Fitness and Your Health
- 7. Assessing your Fitness Level Utilizing Technology
- 8. Planning Your Safe, Individualized Fitness Program

#### Throughout the semester, students will:

- Learn to define and explore health in several capacities
- Improve their own health!

Texts

- Lifetime Health, HOLT
- The Ultimate Happiness Prescription: 7 Keys to Joy and Enlightenment Deepak Chopra
- Omnivore's Dilemma Michael Pollan

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## Watercolor with Digital Tools

#### 1 Semester Credit

Gain new skills while you build on the basics of watercolor techniques! Students will learn the basics of Photoshop techniques, including: selection tools, cut and paste, and color manipulation. Photoshop will only be used as a tool to create compositions. Students will learn image transfer techniques, including using the grid to magnify their constructed Photoshop collages onto large watercolor paper. A small exhibition of the best work from each student will be presented at the end of the class. Requirements include: 5 large watercolor paintings from themes chosen by the instructor and 8 Photoshop collages.

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## Google Sketch Up: Conceptualizing a Community Garden

#### 1 Semester Credit

In anticipation for a possible plot for a community garden near the new school students will engage in generating ideas, creating objects, and designing a community garden. This class will focus on three components: understanding how community gardens play a role in the social construct of a neighborhood, creating simple to complex objects that will be decorative and be functional within the garden design, and conceptualizing garden layouts by creating 3 dimensional models in Google Sketchup. All of these components will play a role in implementation of the garden once the location is secured later in the year.



## **Nature in Literature**

#### 1 Semester Credit

This course will look at a variety of literary works that focus on man's interaction with nature. We will read one creative non-fiction work, Young Men and Fire, by Norman Maclean, as well as several poems, short stories and essays by authors such as Ralph Waldo Emerson, Annie Dillard, Ernest Hemingway, Jim Harrison, and Mary Oliver. Students will be expected to complete their readings, participate in discussions and respond to the works in writing. For their final project, they will be asked to complete an original piece that focuses on nature.



### US History: Sports, Powever & Culture 1850 to the Present

#### 1 Semester Credit

This class focuses on several important diversity issues and their interrelationship with sports and sport cultures. Issues of social class, race, and gender have been part of the history, culture, and communication of sports since at least the nineteenth century. This summer, we will discuss in detail the role social class had in defining the concept of "sport" and "sportsman" in the United States. Second, we will discuss the role of sports in social change and in issues of race and gender. Third, we will discuss important diversity issues and their interaction with sports and sports values, including representations of race and gender in sports films, through sports reporting, and in sports magazine. Finally, we will focus on how various media (film, internet and radio) have helped create the interaction between sport and culture over these issues.

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## **Drivers Education**

#### 1 Semester Credit

Driver's Education is a classroom course that covers basic "rules of the road" for driving. Topics covered will include, but are not limited to: basic traffic laws, roadway signs, what to do in the event of an accident, and tips for safe driving.

note: This course does not involve any behind the wheel experience and priority for enrollment will be given to graduating seniors. This course ONLY addresses the graduation requirements for high school students. Students looking to obtain an Illinois State Driver Permit will still need to complete a full Drivers Education course (both classroom and on the road) in order to meet their requirements.

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## Literary Magazine; Summer

1 Semester Credit Students in this course will work towards the publication of the fifteenth issue of the school literary magazine, Orthogenique. Students will work collaboratively to choose themes and create art and writing in response. Students will first create writing and then choose the writing of a peer for which to create an illustration. Then they will create an original piece of art and choose the work of a peer based on which they will write. The final two weeks of the summer will be spent completing spreads, using the industry standard inDesign, and finalizing the magazine.